

Family Support Service



By **SCTSP**

Have you got a child under 5?

Would you need information and advice to support you?

We provide the following services in Lichfield, South Staffordshire and Cannock. Support can be provided for up to 3 months with a view to demonstrating real outcomes and progress made by families engaged with the service. Referrals for this service can be made by agencies by completing a request for referral form. Families are also able to self-refer.

Families with a child under 5 can be supported on a 1:1 basis within the family home. We can provide free support to families. Examples of areas of support include:

- Behaviour
- Boundaries
- Routines
- Potty Training
- Sleep
- Healthy Eating and weaning
- Emotional Wellbeing
- Attachment
- Confidence Building
- Play
- Signposting to services
- Understanding local Childcare options

If you feel that you would benefit from this support, please speak to the Children Centre or you can contact **Family Support on 01902424147** or email admin@sctsp.org.uk.

We also deliver:

Bookstart Corner

This 4-week programme is delivered in groups and also offered as a 1:1 within the Family home. Aimed at families with children aged 12-24 months, the programme offers intensive support for parents and carers so that they can read together for pleasure with their children with confidence.

Proactive Home Visits

This home visit provides information and advice to families with 3 to 8 month old babies around services and activities they can access in their local area.

